

Glimpses of Homoeo Globe

**AHMEDABAD HOMOEOPATHIC
MEDICAL COLLEGE AND
SAINATH HOSPITAL
CONSTITUENT COLLEGE OF PARUL UNIVERSITY**



President

Dr. Devanshu J. Patel

Managing Trustee

Dr. Vinod Patel

Managing Editor

Dr. Heena Rawal

Chief Editor

Dr. Gaurav Bhatt

Issue Editor

Dr. Surabhi Soni

"No of Pages: 6"

EDITORIAL

Quarterly Bulletin: Jan - 2023

LICHEN PLANUS

"Warm Greeting of 2023" Happy New Year to everyone

It's my honour to explore the topic lichen planus which most of the time remains unnoticed or less talked about.

Homoeopathy has wonderful results on skin diseases which are mostly chronic.

After taking allopathic mode of treatment in case of lichen planus, patient may experience some side effects as well as immuno-suppressant effects. Homoeopathic medicines not only gives relief but also stops the recurrence of skin disease in a gentle way.

And so in this edition I want to pitch and encourage the students to use Homoeopathic medicine in cases of lichen planus.

I hereby express my heartfelt gratitude to all who have given their contribution in making this edition possible.



Dr. Surabhi Soni

(M.D. Hom. Materia Medica)

Assistant Professor

Department of Surgery

A CASE OF LICHEN PLANUS

Name Of The Patient : Trupti Kashyap Vyas
 Registration No. : 21003649
 Age : 59
 Sex : Female
 Marital Status : Married
 Diagnosis : Lichen Planus

DR. JAGRUTI PATEL
 (M.D. Hom.)

INTERROGATION

Location & extension	Sensation	Modalities	Concomitant
Initially this eruption present on the wrist, ankle, thigh. Now, the whole body is affected	Due to this, skin is become Dry and itching, scratchy Which lead the bleeding Pustular eruption on upper limbs	>scratching	Occasionally joint pain which is aggravated in damp weather

PAST HISTORY :

- Hypothyroidism since 2 years.

FAMILY HISTORY :

- Mother – Skin Complaint Present
- Father – Psoriasis
- Brother – Psoriasis
- Sister – Lichen Planus

PERSONAL HISTORY :

- Thirst – 7-8 Glass/day
- Appetite – decreased Appetite
- Stool – Once/day
- Urine – 4-5times/day
- Craving – Nothing Specific
- Desire – Nothing Specific

OBS/GYN HISTORY :

Menopause – Before 2 years

MENTAL SYMPTOMS :

- Get angry at things which are wrong.
- Gets angry only on husband.
- Fear of disease. (Especially of corona)
- Fear for family health.
- Frightful and anxious dreams.

योगसूत्रम् PHYSICAL EXAMINATION

GENERAL EXAMINATION :

- | | |
|--|--|
| <ol style="list-style-type: none"> 1. General appearance – Wheatish 2. Intelligence and education level - Educated 3. General built and Nutrition - Well built 4. Height - 155 cm 5. Weight - 50 kg (has lost weight) 6. Anemia - Absent 7. Jaundice - Absent 8. Cyanosis – Absent | <ol style="list-style-type: none"> 9. Oedema - Absent 10. Skin - Pigmentation all over the body. 11. Nails - Pink 12. Gait - NAD 13. Lymphadenopathy - NAD 14. Blood Pressure - 120/80 mm of hg 15. Pulse - 72 /min 16. Temperature - 98.6 'F 17. Respiration Rate - 17/min |
|--|--|

SYSTEMATIC EXAMINATION :

- | | |
|--|---|
| <ol style="list-style-type: none"> 1. Respiratory System - BLAE present 2. Cardiovascular System - S1 S2 Heard normal 3. Nervous System – Conscious, Oriented | <ol style="list-style-type: none"> 4. Gastrointestinal System - P/A Soft and Tympanic 5. Genito – urinary System - NAD 6. Locomotor system - NAD |
|--|---|

PROVISIONAL DIAGNOSIS : LICHEN PLANUS

ANALYSIS OF THE CASE :

- 1) Fear of Disease.(Mental general symptom)
- 2) Get angry over wrong things.(Mental general symptom)
- 3) Fear for family health(Mental general symptom)
- 4) Get angry only on husband (Mental general symptom)
- 5) Frightful and anxious dreams (Mental general symptom)
- 6) Appetite decreased (Physical general symptom)
- 7) Initially this eruption present on the wrist, ankle, thigh.
(Physical particular symptom)
- 8) The whole body is affected by the eruption.
(Physical general symptom)
- 9) The skin become dry and itch(Physical general symptom)
- 10) Itch relieved by scratching (Physical general symptom)

TOTALITY OF SYMPTOM :

- 1) Anxious and frightful dreams
- 2) Fear of disease
- 3) Fear for family health
- 4) Get angry over wrong things
- 5) Appetite decreased
- 6) Initially pustular eruption present on the wrist, ankle, thigh.
- 7) The whole body is affected by the eruption.
- 8) The skin become dry and itch
- 9) Itch relieved by scratching



Selection of Remedy :

Rx

- 1) **ARSENICUM ALBUM 200 C x SINGLE DOSE**
- 2) **PHYTUM 30 C x BD FOR 15 DAYS**

FOLLOW UP (DATE - 25/03/21)

- Itching decreased.
- No new spot develops.
- Appetite still diminished

• Prescription: -

Rx

- 1) **JUGLANS CINEREA 30 C x SINGLE DOSE**
- 2) **PHYTUM 30 C x BD (4-0-4) pills for 7 days.**

Follow up (Date - 05/04/21)

- Improved
- Itching decreased
- New spot appears
- Appetite diminished

• Prescription: -

Rx

- 1) **JUGLANS CINEREA 30 C x SINGLE DOSE**
- 2) **ALFA ALFA Qx 10 DROPS xBD x1/2 CUP OF WATER x 1 MONTH**
- 3) **PHYTUM 30 C xBD FOR 1 MONTH**

Follow up (Date -22/05/21)

- Improved
- No itching
- No new spot appears
- No complain
- Patient feels better

• Prescription: -

Rx

- PHYTUM 30 C x BD (4-0-4) pills for 7 days.**

LICHEN PLANUS

JANKI THAKKAR

(Intern)

Lichen Planus is an inflammatory skin condition, characterized by an itchy, non-infectious rash on the arms and legs. It consists of small, many-sided, flat-topped, pink or purple bumps.

Etiology :

- Exact cause unknown
- Probably immunologically mediated
- Genetic predisposition:
 - HLA-B7, HLA-DR1, HLA-DR10
- Associations: ulcerative colitis, alopecia areata, vitiligo, hepatitis, and primary biliary cirrhosis.
- Drugs: NSAIDs, Chloroquine, ACE inhibitors, hypoglycaemic agents Mercury, gold, nickel sensitivity seen in oral lichen Planus

Clinical Features :

- Lichen Planus can involve skin, mucous membranes, genitalia, nails and scalp.
- Associated with pruritus
- Commonly affects young adults
- Males and females equally affected
- Various clinical types seen
- Characteristic papules/ plaques of Lichen Planus:
 - Violaceous, erythematous, flat topped, shiny, and polygonal; varying in size from 1 mm to greater than 1 cm in diameter.
 - They can be discrete or arranged in groups of lines or circles.
- Wickham's striae: fine, criss-cross white lines, made prominent by oil application
- Koebner's phenomenon: Development of lesions in previously normal skin that has been subjected to trauma

Homoeopathic Remedies for Lichen Planus :

1. Antimonium Crudum
2. Sulphur
3. Arsenicum Album
4. Kali Bichromicum
5. Juglans Cinerea

- Eruption resembling eczema simplex on upper chest, with itching pricking when heated by over-exertion
- Pustules on thighs, hips, and nates, with itching and burning, a few pustules on body, face, and arms
- Itching in spots, now here, now there, on head, neck, and shoulders, with pricking, burning and redness
- Itching on arms > scratching.

CULTURAL AND ACADEMIC EVENTS





ON 179TH DEATH ANNIVERSARY OF DR SAMUEL HAHNEMANN - POSTER MAKING COMPETITION



FIRST BHMS VISIT AT PHARMACOPEIA COMMISSION FOR INDIAN MEDICINE AND HOMOEOPATHY AT GHAZIABAD



TEACHERS TRAINING PROGRAMME



COMMUNITY MEDICINE DEPARTMENT VISIT- BANAS DIARY



HOMOEOPATHIC MEDICAL CAMP BOPAL POLICE STATION



GURU PURNIMA CELEBRATION



EXPERT TALK- BY DR KAMLESH MEHTA



FORENSIC MEDICINE AND TOXICOLOGY VISIT AHMEDABAD FORENSIC SCIENCE AND LABORATORY



WORLD HEPATITIS DAY



CELEBRATING PATRIOTIC WEEK-VANDE BHARAT



CELEBRATION OF 26TH JANUARY REPUBLIC DAY



GANESH CHATURTHI CELEBRATION



પારુલ યુનિવર્સિટી દ્વારા બાળ દિવસની ઉજવણી

નવમુજવાત સમય > સન્મહાશય: પારુલ યુનિવર્સિટીના ભવિષ્યવાદ કેમ્પ દ્વારા પુના નગર પાલિકા એમ. કે. પટેલ પ્રાથમિક શાળામાં મહત્ત્વ ધોમિયોપેથી મેડિસ કેમ્પ આરો માથ દિવસની ઉજવણીનું આયોજન કરાયું હતું. ઉજવણીમાં ધોમિયોપેથી સેન્ટર વિશે જાનુરિ કેશવવા માટે નાના આયુષ્યના સરકાર સમયે અને

MEDIA COVERAGE OF CHILDREN'S DAY CAMP



TEACHERS DAY CELEBRATION



TRIP AT STATUE OF UNITY FOR STAFF, SPONSORED BY PARUL UNIVERSITY



CONVOCATION 2022



PULSE POLIO PROGRAMME



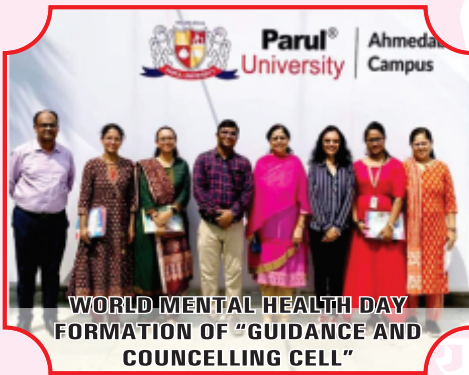
ANNUAL COMPETITION OF PROJECTS



TRIBUTE TO DR JAYESH PATEL SIR ON HIS 2ND DEATH ANNIVERSARY



TEACHERS AWARDED BY PARUL UNIVERSITY-FOR OUTSTANDING PERFORMANCE



WORLD MENTAL HEALTH DAY FORMATION OF "GUIDANCE AND COUNSELLING CELL"



ALUMINI MEET 2022



ALUMINI MEET 2022

Note : Alumini talk - Regular Alumini talk are arranged twice in a month
 Webinar - Renowed Homoeopaths are invited for webinars twice in a month to share their expertise

To,

From :
Ahmedabad Homoeopathic Medical College & Sainath Hospital
 Bopal Ghuma Road, Ghuma, Ahmedabd - 380 058. Phone- 02717-233127/8
 Email - ahmc@paruluniversity.ac.in, Web:- www.paruluniversity.ac.in
 If Undelivered than return to above address.

Disclaimer : The views & opinions expressed by the editors & the authors of the published articles in this news letter are not necessarily of their own.